

"The Foxworthy"





October - November 2013

www.foxborough.k12.ma.us

Attendance Line 508-543-1626

Main Office - 508-543-1616 ~ Fax - 508-698-6517

Guidance Office- 508-543-1620 ~ Fax - 508-543-1670

From the Trincipal Mrs. Diana Myers-Pachla

Dear Parents and Guardians.

We had a fabulous opening of school! September and October have been very busy. To highlight just a few activities:

- The fall sports are doing very well this season.
- Our Warrior Huddle groups participated in a kick-off rally.
- The marching band made its debut at the October 4th football game.
- The turf field is 98% complete at the time of this newsletter and teams are using it for practices.

Upcoming events include:

- PSAT's for all 10th and 11th grades on October 16th.
- National Honor Society Service Fair on October 17th.
- Coffee with the Principal on October 21st
- Spirit Week October 21st October 25th.
- ACT Testing on October 26^{th.}
- Homecoming Dance on October 26th.

As we move into the digital age (and in an effort to conserve our forests), this will be the last hardcopy newsletter you will receive in the mail. Our next version will be electronically emailed to you! If you are currently subscribed to the list server and receive periodic updates from me, you are all set. If not, please take a moment to sign up on our school's e-mail list.

On top of receiving this newsletter, you will also be emailed up-to-date information and timely school information on dates such as upcoming SAT's, school events, and much more. It's simple and quick to do. Please visit the main page of the FPS website at www.foxborough.k12.ma.us. Click on Foxborough High School and on the left side you will find a link entitled **FHS e-mail list**. Follow the directions and once you have signed up, you will begin receiving all items electronically.

Note: In the event that you do not have access to a computer, please contact my secretary, Sheila Sneyd at 508-543-1616 x 109, and you will be mailed a copy of the Foxworthy.

Diana Myers-Pachla

Show your School Spirit!!

Spirit Week

October 21st - October 25th

Monday - Neon Day

Tuesday - Character Day

Wednesday - America Day

Thursday - Decade Day

Friday - Blue and Gold Day



Look for the first printed issue of the Warrior Word in over a year! Thanks to our generous benefactor Mr. Gabe Trost, the high school Newspaper Club will be producing a Thanksgiving Issue for November 21st. If there is a news story that you would like to see covered or you would like to donate to the school newspaper, please contact Ms. Eknaian at eknaiank@foxborough.k12.ma.us.



The Drama Club is proud to present the play "Rumors" by Neil Simon.

This play is a comedy (farce).

It will be presented on November 22nd and 23rd at 7:00 PM and November 24th at 2:00 PM.

Tickets will be sold the week prior as well as at the door. Ticket prices are \$10.00 for adults and \$8.00 for students and seniors.

Please email Ms. Joan Marino for more information at marinoj@foxborough.k12.ma.us.

huddle

By: Mr. Ryan Wilensky. Special Education Teacher
Congratulations to Warrior Huddle
Group 60 - "Snack Attack", led by Mr. Wilensky,
for winning the 1st annual Warrior Huddle kickoff
challenge on September 6th. They look forward to
next year's competition and a chance to defend their
Championship Belt against all other teams that wish
to try to dethrone them.



Foxborough High School School Council - One Parent Opening

The school council is a representative committee made up of the principal, parents, teachers, students and community members. We are currently seeking interested parents/guardians to fill **one** parent opening. Please contact the principal's secretary, Ms. Sheila Sneyd at 508-543-1616 or at sneyds@foxborough.k12.ma.us if you are interested in serving a three-year term on the council. If multiple parents are interested, we will have an election during parent/teacher conferences.



Message from Ms. Kristen D'Errico Social Studies Teacher



Congratulations to juniors
Hannah Hicks and Liam Scollins
for being been chosen to represent
Foxborough High School on U.S. Congressman's
Joseph P. Kennedy's newly created Massachusetts
Youth Cabinet. Every three months these students will
meet and be engaged in discussing topics relevant to
today's youth and our region.
Congratulations!

G.S.A. Gay/Straight Alliance



The GSA is planning a Halloween party on October 30th in the cafe from 6:00 -9:00 p.m. We've opened the invite to the school and surrounding GSA's. They're planning games & goodies, as well as a table to promote the LOVE program (anti-cutting).

By: Ms. Sharon Kelly, RN. - GSA Advisor



The first Coffee with the Principal will be held on Monday, October 21st at 9:00 a.m. in the 2nd floor media center. The meetings are an open discussion of topics of interest to parents and guardians with Principal Diana Myers-Pachla and guest speakers. The schedule could change, so please be sure to confirm the meeting dates on the school calendar. Please join us!

Foxborough High School goes to London!

Members of FHS hope to once again be "crossing the pond" in February to tour London. The itinerary includes all of the usual attractions ("Look kids, Big Ben, Parliament!") as well as visits to the Globe Theatre, and the Tower of London. We can straddle both hemispheres as we stand on the Prime Meridian in Greenwich as well as having a chance to tour Shakespeare's birthplace and see his gravesite in Stratford-on-Avon. If you are interested in the trip, please contact the group leader,

Mrs. Shannon Wasilewski at 508-543-1616 x206 or via email at wasilewskis@foxborough.k12.ma.us.

You can also get more information and/or sign up for the tour at www.eftours.com/1330867. The deadline to sign up is quickly approaching, so sign up fast!



No School

For your vacation planning:

No School on:

Monday, November 9th

Thursday, November 28th and Friday, November 29th
Monday, December 23rd – Wednesday, January 1st
Monday, January 20th

Friday, January 24th

Monday, February 17th – Friday, February 21st
Friday, April 18th – Friday, April 25th
Monday, May 26th



Foxborough High School String Orchestra



This year, the FHS String Orchestra has been working on several musical projects. Starting in August, the orchestra held a 2-day camp at which students both prepared the year's repertoire and bonded as an ensemble.

After rehearsing all throughout the month of September, the orchestra combined with the Chamber Singers for an in-school performance. Selections included "The Gift" by Hofeldt, "Symphony #8 in G Major" by Dvořák, and "The Enchanted Garden" by Ravel.

This week, students will have the opportunity to work with guest artist Dr. Rachel Lauber, of the Eastman Community Music School in Rochester, NY. Lauber will conduct the group and offer her input on the repertoire.

The orchestra will have its first concert, "Voices and Strings", on Thursday, October 24th at 7 PM in the Foxborough High School auditorium. The Chamber Singers, Concert Choir and A'Cappela groups will also perform that evening.

Sally Philbin, Orchestra Secretary Ms. Cameron Tedoldi, Orchestra Director

Tutoring is Available!



In an attempt to assure that each child is given an opportunity to achieve and succeed in school, Ms. Myers-Pachla has hired a Math tutor and an English tutor to give academic support throughout the school day and after school. Tutoring will take place in the upstairs Media Center daily from 8:30-2:30. We have a certified English teacher here every day and a certified Math teacher available for tutoring on Mondays, Tuesdays, and Thursdays. Please encourage your child to attend this beneficial service, which does not interfere with class and has no financial obligation.

Senior 111 Night-Party



The Senior All-Night Party is held each year on graduation night for all of Foxborough's graduating seniors.

(Sunday, June 8, 2014)

As always, we need lots of parents and especially younger parents to join our ranks & keep the party going.

If you would like to find out more, please come to our first meeting to be held, Thursday, November 7th at 7:00 p.m. in the FHS Media Center.

If you have any questions, please contact Rose Lincoln at 617–828–3760

We are looking forward to another great year!

All meetings are at 7PM at the FHS Media Center.

Thursday, November 7th
Monday, January 13th
Monday, February 10th
Monday, March 10th
Monday, April 14th
Monday, May 12th
June meeting, TBD

Graduation & party: June 8th





Continuing the Quest for Academic Excellence

NATIONAL MERIT

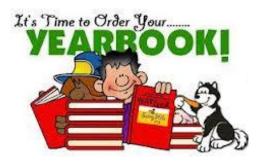
Diana M. Myers-Pachla, Principal, Joseph A. Heinricher, and Beth A. Sylvia, Assistant Principals are proud to announce that Melissa G. Almeida, Neil A. Benson, Caitlin E. Conger, Kathryn A. Notarangelo, Sarah G. Philbin, Rebecca Regan and Brittany P. Thayer has been named as Commended Students in the 2014 National Merit Scholarship Program. Letters of Commendation from the school and the National Merit Scholarship Corporation (NMSC), which conducts the program, will be presented by the principal to these scholastically talented seniors.

About 34,000 Commended Students throughout the nation are being recognized for their exceptional academic promise. Although they will not continue in the 2014 competition for National Merit Scholarships, Commended Students placed among the top five percent of more than 1.5 million students who entered the 2014 competition by taking the 2012 Preliminary SAT/National Merit Scholarship Qualifying Test (PSAT/NMSQT ®).

"The young men and women being named Commended Students have demonstrated outstanding potential for academic success", commented a spokesperson for NMSC. "These students represent a valuable national resource; recognizing their accomplishments, as well as the key role their schools play in their academic development, is vital to the advancement of educational excellence in our nation. We hope that this recognition will help broaden their educational opportunities and encourage them as they continue their pursuit of academic success."







Yearbook 2014 Mrs. Ellen Pillsbury-Yearbook Advisor

Orders are now being accepted for the 2014 Yearbook. The cost of the yearbook is \$70.00 and order forms are available in the Guidance Office, at the **end of this newsletter**, and on the high school web site. Any questions, please email Yearbook Advisor, Mrs. Ellen Pillsbury at pillsburye@foxborough.k12.ma.us

Important Notice to Parents

Please send in baby pictures, prom pictures, and candid shots of your seniors for the yearbook. Put the pictures in an envelope with you and your child's name on the back and drop them off in the Guidance Office to Mrs. Pillsbury ASAP. Also, each senior has been asked to submit their senior quote. The deadline for senior quotes is Friday, November 15th please follow-up with your senior to make sure they write and return their quote. Lastly parents may take out a personal ad for their son/daughter for the yearbook. The order forms are available in the Guidance Office, at the end this newsletter, and on the high school web site. The deadline date for parent ads is Friday, December 13, 2013.



Guidance News



College Planning Timeline 2013–2014 ~ JUNIOR YEAR ~

November-December-2013

- Students will receive PSAT scores and should review their answers to determine areas that may need improvement. The College Board provides all students who take the PSAT with a very informative breakdown of the answers by category. All students may request their original test booklet along with this score report.
- 2. Talk with recent high school graduates who come home from college.
- 3. Begin to involve your parents in the college selection process.
- 4. If you have a documented disability and receive special education services or 504 accommodations, please discuss testing options with your counselor (and Special Educator). Eligibility for extended time and other accommodations **must** be pre-approved by the College Board and/or ACT.

January - February - 2014

- Continue taking your academics seriously and do your best heading into second semester.
- Plan senior year courses carefully. Do they meet graduation requirements? Do they meet college requirements? Continue to <u>challenge</u> yourself when selecting courses.
- 3. **January 25, 2014** SAT Exam. Some students may consider taking a test preparation class.
- 4. February 8, 2014 ACT Exam.

March - 2014

- 1. **March 8, 2014** SAT Exam.
- 2. Joe O'Neil and the Guidance Department will have a meeting with parents and students to make sure they are on the timeline.

April - 2014

- 1. April 12, 2014 ACT Exam. FHS Test site.
- 2. Schedule a student/parent conference with Mr. O'Neil.
- 3. Research colleges of interest by exploring on Naviance, reading college handbooks, and surfing the net. (http://connection.naviance.com/foxborough)
- 4. Visit college campuses. Many are open on Saturdays for tours.

May - 2014

- 1. May 3, 2014 SAT Exam/SAT Subject Tests. FHS Test site.
- 2. The junior class will attend the NACAC National College Fair together at The Boston Convention & Exhibition Center (BCEC).
- 3. Participate in AP Exams, if applicable.
- 4. If interested in R.O.T.C. or a military academy, look into special procedures and deadlines now. If you want a four-year ROTC scholarship, you should begin the application the summer before your senior year.

June - 2014

- 1. June 7, 2014 SAT Exam/SAT Subject Tests.
- 2. **June 14, 2014** ACT Exam.
- 3. Ask for 1-2 recommendations from teachers who know you well. Student and parent "Brag Sheets" are available in the guidance office and on the FHS website:

(http://foxborough.k12.ma.us/fhs/departments/guidance)

- 4. Make sure you are on the mailing list of the schools that interest you.
- 5. Stay involved. Find a full-time or part-time job, participate in a camp or summer college program or do some volunteer work.



Summer - 2014

- Visit colleges and take campus tours. Keep notes on your visits! At colleges you are serious about, make appointments to have an interview with an admissions counselor.
- Download applications from colleges to which you will apply. Check application deadlines. Many colleges and universities may have early dates or rolling admissions.
- 3. Type your resume. You can use the template on Naviance.

(http://connection.naviance.com/foxborough)

4. If you are an athlete planning to continue playing a sport in college, register with the NCAA Clearinghouse. (www.ncaaclearinghouse.net)

SAT AND ACT TEST DATES AND REGISTRATION DEADLINES

Register to take your ACTs and SATs. We recommend taking the both the ACTs and SATs at least once, but preferably twice.

*Fee waivers are available for students with financial need. See your counselor for more information.



<u>Test Date:</u> <u>Registration Deadline:</u>

October 5, 2013 September 6, 2013
November 2, 2013 October 3, 2013
December 7, 2013 November 8, 2013
January 25, 2014 December 27, 2013
March 8, 2014* February 7, 2014
May 3, 2014 April 4, 2014
June 7, 2014 May 9, 2014
*No Subject Test Offered



Test Date:

September 21, 2013 October 26, 2013 December 14, 2013 February 8, 2014 April 12, 2014 June 14, 2014

Registration Deadline:

August 23, 2013 September 27, 2013 November 8, 2013 January 10, 2014 March 7, 2014 May 9, 2014



Some colleges require that students take one or more SAT Subject Tests. Take these in the spring when the material is fresh in your mind. You can download "Taking the SAT Subject Tests", which offers test-prep advice from www.collegeboard.org

To prepare, download practice booklets from www.collegeboard.org (for the SAT) or from www.actstudent.org (for the ACT).



Foxborough High School would like to recognize a group of students that achieved a perfect score on standardized testing. This accomplishment is an outstanding achievement and honor to be among a short list of students throughout the state and country.

On the SAT Subject tests:

Saad Akhtar achieved a perfect score of 800 on the Chemistry SAT subject test and **Billy Antoine** achieved a perfect score of 800 on the French SAT subject test.

On the State MCAS test:

Sampson Berns achieved a perfect score of 280 on the MCAS ELA test, Megan Ennis achieved a perfect score of 280 on the MCAS Math test, Thomas Herlihy achieved a perfect score of 280 on the MCAS Math and Biology tests, Taha Baig achieved a perfect score of 280 on the MCAS Biology test, and Thomas Peter achieved a perfect score of 280 on the MCAS Biology test.

Foxborough High School and the Foxborough community would like to congratulate these students for a truly outstanding achievement. *Great Job!!!*

School-to-Career Specialist Mrs. Ellen Pillsbury

Teacher Apprentice Program

Mentoring programs enrich children's lives, help meeting their need for positive older student contact, and provide one-on-one support and advocacy. Seniors Brooke Buckner, Molly Buckley, Danielle Devellis, Madison Morini, Julie Nicholson, and juniors Kristina Cochrane and Colleen Mackill are participating in the Teacher Apprentice program between Foxborough High School the Igo and Taylor Elementary Schools. Each high school student is matched with up with students in the elementary schools to help mentor them throughout the school year.

Certified Nursing Assistant Program

The Attleboro Area School-to-Career Partnership is proud to announce that two students from Foxborough High School are participating in the fall Certified Nursing Assistant Program. Seniors Caitlyn Pike and Leia Tierney started the program in September and will finish with their classroom and clinical rotation in December. In January the students will take the state practical and written exam which will certify them to work in local facilities. The main goal of the program is to train high school students to become Certified Nursing Assistants.

September 2013 EMT/Paramedic (In house field trip)

Friday, September 27, 2013 Mike Struass a firefighter from Plainville and owner of Emergency Medical Training in North Attleboro came to talk with twenty students about the opportunities to become an Emergency Medical Technician (EMT/Paramedic). Mike also spoke about the different career paths that are associated with becoming a certified EMT.

October 2013 Bob's Discount Furniture

Tuesday, October 8, 2013 twenty-two students will participate in a field trip to Bob's Discount Furniture in Manchester, Connecticut. This field trip is designed to educate and expose students to the field of art, communication, and business. This trip is for students who have a curiosity about the field of art, communication, and business. Representatives will discuss a typical workday, explore different aspects of working in the field, and provide information about the skills and education necessary to enter that field.

October 2013 Mass Bay Community College

Tuesday, October 22, 2013 students will be attending Mass Bay Community College in Ashland to gain knowledge in the automotive field.

2013 Boston National Portfolio Day

Sunday, November 3, 2013 Art Department Head Ms. Kelly Arcacha, art teachers Sheri Turcotte, Shawn Trice and School-to-Career Specialist Ellen Pillsbury will be taking students into Boston

to attend National Portfolio Day at the Haynes Convention Center. National Portfolio Day is held each year in Boston during which time representatives from art schools and colleges across the nation gather in one place to review student portfolios. National Portfolio Day is being sponsored by Mass College of Art and Design, Boston.

November 2013 New England Institute of Technology (NEIT)

On Wednesday, November 6, 2013 students will be attending NEIT in Warwick, RI to talk with professionals in the field of automotive technology, building and property trades, electronic communications technician, computer service technicians/network installer, marine service technician, nursing, veterinary technology, digital recording arts, game development and simulation programming, and video game design.

Future Admissions - Financial Aid Events

October 24th - Thursday evening beginning at 6:15 pm, a small group college admission discussion with take place in the guidance conference room. Meeting will be facilitated by Admissions Advisor, Joe O'Neil.

December 4th- Wednesday evening beginning at 6:45 pm, we will be hosting Financial Aid meeting to focus on the FAFSA and CSS Profile. This meeting will take place in the Media Center beginning at 6:45 pm. Meeting will be facilitated by MEFA.



Attention Seniors Submitting College Applications

The college application season is in full gear and the hustle and bustle of submitting transcripts on time brings up questions about the process. We would like to provide you with information that will help you navigate the process.

- 1. Fill out your "Brag Sheet" thoroughly.
- 2. Ask a teacher or 2 (depending on the college) **and** your guidance counselor to write a recommendation for you. Give him/her a copy of your "Brag Sheet" and send a request through Naviance.
- 3. Fill out the transcript request form and hand it to the guidance secretary with your \$2. Do this <u>at least 2 weeks</u> prior to deadline.
- 4. Send your SAT and/or ACT scores from www.collegeboard.org and/or www.actstudent.org. It may take up to 3 weeks for your college to receive the scores.
- 5. Complete college applications and submit them electronically.

Colleges and universities have a specific process they follow after they download application documents. Often times, documents that we send through Naviance eDocs are not immediately processed by the admissions office at the college or university. Many colleges receiving a high volume of applications need several weeks for the information to be updated in their system.

When we send a document via Naviance eDocs we receive a confirmation of electronic delivery. This confirmation is notifying us that the documents have been received at the institution. However, it *does not* mean that the documents have been entered into the college/university's admissions database.

Do not panic if you receive an e-mail indicating something is missing. Colleges are often a couple weeks behind in entering the information in their database.



PARENT / TEACHERS MEETING

Monday, November 25th and Tuesday, November 26th



Foxborough High School will hold an open house for parent/teacher conferences on

November 25th and November 26th.

Parents may meet with teachers for five-minute conferences from 5:00 p.m. - 7:00 p.m. School will be dismissed at 11:00 a.m. on both days. Conferences will be conducted on an appointment basis. Parents will be provided with a schedule of their child's classes, the room location for each teacher and the appointment schedule as arranged by their child. Students will make

appointments for parents from

Thursday, November 7th - Friday, November 22nd.

This information will be brought home by your son/daughter.

Principal, Diana M. Myers-Pachla, Vice Principals, Joseph A. Heinricher and Beth A. Sylvia, and guidance counselors will be available for parent conferences. If you desire a conference with your child's counselor or an administrator, drop in at the appropriate office during the conference hours.

Parents are encouraged to make every effort to attend and to confer with teachers about their children's progress.

SCHOOL STORE

The School Store will be open during the Parent / Teacher conferences.

We have a variety of Foxborough merchandise on sale for all your holiday shopping needs.

The store is located near the cafeteria.



News from the Athletic Director Mrs. Caitlin Brown

It has been an exciting few months for the athletic department. The fall teams have had a successful start to the season both on and off the playing field.

Hockomock League Captain's Conference

The captains of all sports attended the Hockomock League Captain's Conference on September 19th. The theme of the conference was having the courage to make the right decision. Student-athletes worked with their peers from the Hockomock League to discuss how they would handle certain situations. The scenarios were followed by

Ed Gerety, who led a powerful discussion on how to be lead.



The 2013-14 Captains at the Hockomock Captain's Conference



Lou Rivers from Foxboro Country Club continues to support the golf program by setting up a clinic with Ted Scott, caddie to PGA player Bubba Watson. He spent time with the team and provided them with many lasting memories.

F. Gilbert State Forest

The cross country team has made the F. Gilbert Hills State Forest their new home course. The team has worked with the staff to maintain paths and clear debris. The cross country team is excited about this new course and appreciates all the support from the F. Gilbert Hills Staff.

Football Community Service

The Touchdown Club worked in conjunction with the athletic department to repair the roof on the concession stand at the Ahern field. Many football players took time out of their weekend to help Kevin Corliss replace the roof. Without their help the roof would not have been repaired.



Foxborough High School Seniors helping with the concession stand roof. (L-R) Kevin Corliss, Jess Todd, Brendan Duffy, Tim O'Halloran, Salman Alam, Zach Smith, Gerard Darcy, and Jonathan Tang.

Winter Athletic Night

All student-athletes and their parents are asked to attend the winter athletics night on December 6, 2013 from 6:00-7:30 pm. Speaker Dan Swichenko will speak to the students about leadership and the attributes and behaviors of positive leaders. Parents will have the chance to meet with coaches to discuss the upcoming season.



Participation Forms and Physicals

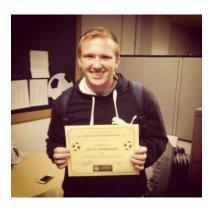


Participation forms will be collected from November 4-15 in all lunches. Students MUST turn in those forms by the 15th. If a student-athlete does not turn in those forms by this date then they will not be able to participate in tryouts or practice on the first day. Participation forms.

The MIAA created a new rule last year that states that physicals are only valid for 13 months. Please make sure you have an updated physical by the time winter season starts.

Student-Athlete of the Month

Every month the Foxboro High School Athletic Department recognizes two athletes who have modeled the high school core values. These individuals strive for excellence on and off the athletic playing field by demonstrating respect for themselves, coaches, teammates and officials, and displaying integrity and responsibility on and off the athletic field. Coaches are asked to nominate individuals who fit these criteria. Many are nominated and qualify for this award. September's winners are **Matt Morrison** (Boys Soccer) and **Katie Notarangelo** (Field Hockey).



<u>Matt Morrison</u> is a senior captain on the Boys Soccer Team. According to his coach, he works tirelessly to be a positive leader on and off the soccer field. He has embraced a position that he has never played in order to help with the team's success. His effort and attitude have been recognized throughout the league.



<u>Katie Notarangelo</u> is a senior captain on the Field Hockey team. Through her effort and attitude make she is a positive role model for her team. Katie also excels in the classroom and is currently ranked number 1.

Important Dates

Mon. November 4th Fri. November 15th Thur. November 28th

Begin Collection of Participation Forms

Last Day to collect forms Thanksgiving Football Game

Home vs. Mansfield

Mon. December 2nd
Mon. December 9th

Winter Sports Begin Winter Athletic Night



French Exchange 2014

From French Exchange Advisors: Ms. Debra Grant and Ms. Kathleen Joseph

We are preparing to return to Longjumeau, France for an exchange with le Lycée Jacques Prévert in February.

Students will experience what it is truly like to be part of a French family. While honing their linguistic skills they will immerse themselves in the history and culture of the area with visits to Paris including the Eiffel Tower, the Louvre, le Musée d'Orsay, Montmartre, Notre Dame Cathedral and a ride on the Seine in a bateau mouche.

We will also visit Normandy (Arromanches, Sainte Mère l'Église and the cemetery at Colleville), Chartres, Versailles and the châteaux in the Loire valley. Students will try new foods and meet new friends. Students will participate in other activities on the weekend that will be arranged by the individual families. We still have 2 spaces available.

The cost is approximately \$2000. This may increase by a small amount due to possible fuel surcharges.

We will leave after school on Tuesday, February 11th and we will return on Friday, February 21st.

We welcome all interested students!

AP French and Spanish

...... Ms. Debra Grant

On October 22nd the Advanced Placement French and Spanish classes will participate in a pilot program offered by the Boston Museum of Fine Arts. A representative from the Education Outreach Department of the museum will visit Foxborough High School and will provide a lesson on European art. This addresses the Beauty and Aesthetics theme for the Advanced Placement exam preparation. The presentation uses a multi-media approach and will be followed by a discussion. We are very excited to have been chosen for this unique opportunity.

SPECIAL EDUCATION

The Foxborough SEPAC invites you to join us for the following meetings:

Monday October 28 - 7 PM 504 Plan/Accommodations

Presentation by the Federation for Children with Special Needs. Cohosted by Foxborough and Canton SEPACs. http://fcsn.org/

Location: Canton High School. 900 Washington St Canton MA. Distance Learning Lab, 2nd Floor.

All are welcome.

Wednesday October 30 - 5:30 PM Transition Night

Hosted by the Attleboro Area School-to-Career-Partnership and Foxborough High School.

http://www.schooltocareer.info/index.htm

This resource fair offers the opportunity to meet with representatives from government agencies, adult services providers and community resources.

Location: Foxborough High School 120 South St

Location: Foxborough High School 120 South St Foxborough MA. - All are welcome.

Wednesday November 13 7:00 PM Families, Stress and Special Needs: A Whole Family Approach.

Cohosted by the Foxborough and Medway SEPACs.

Presented by Dr. Allison Andrews.

For more information and to read her blog, go to

http://www.allisonandrewspsyd.com/blog/

This is a chance to think about how you and your family are doing with it all. It is an opportunity to slow down and spend some time thinking about what you need to thrive as a parent.

Location: Medway Public Library 26 High St Medway
All are welcome.

Laughing together can help your family relieve stress and share fun times.

Look for humor in everyday situations. At dinner, tell funny things that happened during the day.

